

Blessing, Peace, and Joy in the Lord!

Several holidays are being observed in this shortest month of the year. There are the President's Day, Valentine's Day, Groundhog's Day, & Ash Wednesday (for the Roman Catholics). Of them all, I believe we as American citizens should observe not only the President's Day but particularly those of Washington's birthday and Lincoln's birthday and maybe we could include Ronald Reagan's birthday. They should be a topic of discussion in schools so the students would learn of what these prominent former presidents had done for the freedom each one enjoys now. Those who are not in the teaching field, all we can do is pray that our school system will have boldness to instill in the minds of every youngster a **love** for patriotism, a **love** for God, and a **love** for humanity to incorporate it with Valentine's Day and President's Day. **Love** for God should be brought up because He is **love** Himself. Without His **love**, this world would be a disaster. I'm aware of the fact that some Christian educators are apprehensive and intimidated to share the truth lest they'll be persecuted or be sued at the most. This is where wisdom from above should be sought so that souls can be saved, spirits can be enlightened, and victory can be obtained.

A person who diligently seeks the Lord will never be disappointed. God loves to help those who trust Him. The Holy Spirit will not deny the request of a righteous one. As long as we keep our faith in Him and wait on Him perseveringly, the hope will be a reality.

Lets us never lose hope no matter what the circumstance is. Let's persist in doing what is right because God is still on the throne. He wears the crown of glory and He is always the victor. And because we belong to Him, everything He has is also for us. *"But by His doing you are in Christ Jesus, who became to us wisdom from*

God, and righteousness and sanctification, and redemption," (1 Cor. 1:30)

"but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him:" (1 John 2:5)

Recipe of the Month:

Fish with Tomato Sauce

Source: adapted from Filipino Cooking Abroad

- 1 1/2 lbs. fish, dressed or 1 lb. fish fillets
 - 1 t. salt
 - 1 T. fresh lemon juice
 - 1/2 c. olive oil
 - 2 cloves garlic, minced
 - 1 small onion, chopped
 - 2 medium tomatoes, chopped or 1 cup canned.
 - 1/4 c. pure water
 - 2 green onions, chopped
 - 1 t. Liquid Aminos (soy sauce)
1. Cut fish into 4 pieces and sprinkle with salt, & lemon juice. Let stand about 20 minutes. Fry in hot oil until light brown on both sides; transfer to serving dish.
 2. Sauté garlic, onions, and tomatoes in 2 T. oil until mushy. Add water and Liquid Aminos; simmer.
 3. Add fish to simmering sauce, cover and cook for about 2 minutes, turning fish once. Serve hot, garnished with chopped green onions.

Continuation of the uses of Hydrogen Peroxide (H₂O₂)

Dishwasher or dishwater booster and sanitizer:

Add 1/4 c full strength 3% H₂O₂ to regular detergent. You can also add vinegar for extra action. Let stand for 15 minutes. Flush with 1 quart of boiling water, followed by hot tap water. Repeat if necessary.

Kitchen counter disinfectant kills bacteria and fungus: Keep a spray bottle of 3% H₂O₂ in the kitchen to keep germs at bay. Be sure to label clearly to prevent accidental misuse.

Left-over tossed salad keeper: Rinse off any salad dressing residue. Spray with a mixture of 1/2 cup water and 1 T. of 3% H₂O₂. Rinse off with clean water. Cover and put in refrigerator.

Lunch box freshener: Spray or apply 3 % H₂O₂. Rinse well. Then squeeze the juice of a lemon onto a clean cloth and wipe the inside of the lunch box. Rinse with water.

Old sponges sanitized and renewed: Old sponges can be sanitized and renewed by soaking in a solution of 1/4 c. 3 % H₂O₂ and 1 quart water. If solution is inadequate to submerge sponges, add more water.

Oven cleaner: Apply a paste of vinegar, 3 % H₂O₂ and baking soda with a sponge on oven door and walls. Allow to stand 15 minutes, sponge off with warm water.

Plastic sink stains: Make a mixture of 3% H₂O₂ and cream of tartar. Apply with a sponge or cloth. Let stand 5 minutes. Scrub and rinse.

Rust or wine stains on fabrics: Moisten fabric stain with white vinegar then cover with salt. Gently rub and rinse with cold water. If stain persists, repeat application of white vinegar and salt and add a small amount of 3 % H₂O₂ diluted with an equal amount of water.

Scouring powder for coffee or tea stained cups: Mix equal parts salt, tide powder detergent, and 3% H₂O₂. Make just enough to use because H₂O₂ loses its effectiveness when stored in solutions. Pour solution in stained cup and let stand for a few minutes. Scrub and rinse with warm water. Repeat if necessary.