

Have a Prosperous New Year in the Lord!

The following is the second part of the message written by Bro. Robert Fitts, that I shared with you last month, December. I thought of sharing this second part this month to face the new year with a more positive attitude based on God's Holy Word.

“Calling Forth God's Best”

I can't do anything about my past but I can do a lot about my future. I will call forth things that be not as though they were [as the Holy Spirit leads] and THEY SHALL BE!

My youth is renewed as the eagles.

I am healthy, strong, and energetic in my spirit, soul and body.

Good things are chasing me around and they will overtake me.

I love everybody and I prosper in everything I do and say.

All my children are serving the Lord and are taught of the Lord. Great is their peace. They have many friends and God has a Christian mate for each one of them. [if applicable.]

Today God is moving the right people toward me to help fulfill His plan for my life.

I take good care of my body.

I eat right and exercise daily.

I feel good and I look good.

I weigh what God wants me to weigh.

The beauty of the Lord rests on me.

I am supernaturally creative.

I operate in the spiritual gifts.

I walk in the fruit of the Spirit.

I pray and intercede continually.

I know God's voice and I obey it.

I speak faith all day long.

I humble myself and God exalts me.

I am a giver and a receiver.

I cast all my cares on the Lord.

I resist the devil and he flees.

I have been given the Spirit of power, of love, and of self control.

I am dead to sin and alive to God.

I died and was buried with Christ.

I am resurrected with Christ.

I have ascended with Christ and I am seated with Him [in heavenly places.]

I am a doer of the Word.

I receive all believers everywhere as my brothers and sisters in Christ.

I am led of the Spirit all the time.

I am compassionate, kind and gentle.

Every day I [pray for] people [to be] saved, healed, delivered, and filled with the Spirit.

I teach and encourage people daily.

I am filled with the knowledge of God's will in all wisdom and spiritual understanding.

I am fruitful in every good work.

I am walking worthy of the Lord.

I am teaching the Word of God to others.

All my debts are paid in full and I am living a debt-free life.

I am free from food bondage.

I have all the money I need and I overflow in generosity to others.

I am led of the Lord in all my investments and I prosper greatly.

God is restoring a loving relationship with all those who have rejected me.

Jesus Christ is Lord of my life and I will follow Him all the days of my life.

Confessing God's word will work only if we have the faith to believe it. Let's ask the Lord to give us the faith we need. And as we declare His word, it will have good effect in our spiritual being because God does not allow His word to return void.

Information on Foods:

Continuation of the [59 Reasons Why White Sugar Ruins Our Health](#): Source: "Health Freedom News"

7. Reduces high-density lipoproteins.

8. Leads to chromium deficiency.

9. Leads to cancer of the breast, ovaries, intestines, prostate, and rectum.

10. Increases fasting levels of glucose and insulin.

11. Causes a copper deficiency.

12. Interferes with absorption of calcium and magnesium.

13. Weakens eyesight.

14. Raises the level of neurotransmitters called serotonin.

15. Can cause hypoglycemia.

16. Can produce an acidic stomach.

17. Can raise adrenaline levels in children.

18. Mal-absorption is frequent in patients with functional bowel disease.

19. Can cause aging.

20. Can cause tooth decay.

21. Can lead to alcoholism.

22. Contributes to obesity.

23. Increases the risk of Crohn's disease and ulcerative colitis.

24. Can cause changes frequently found in people with gastric or duodenal ulcers.

25. Can cause arthritis.

26. Can cause asthma.

27. Can cause Candida albicans (yeast infections)

28. Can cause gallstones.

29. Can cause heart disease.

30. Can cause appendicitis.

31. Can cause multiple sclerosis.

32. Can cause hemorrhoids.

33. Can cause varicose veins.

34. Can elevate glucose and insulin responses in oral contraceptive users.

(to be continued on the other side)