

# Fasting

REFERENCES & NOTES by:  
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FAST *v.i.*. AMERICAN DICTIONARY OF THE ENGLISH LANGUAGE by Noah Webster 1828  
[Sax. faestan; Goth. fastan, to fast, to keep, to observe, to hold; firm. The sense is to hold or stop.]

1. To abstain from food, beyond the usual time; to omit to take the usual meals, for a time; as, to fast a day or a week.

2. To abstain from food voluntarily, for the mortification of the body or appetites, or as a token of grief, sorrow and affliction.

3. To abstain from food partially, or from particular kinds of food; as the Catholics fast in Lent.

FAST, *n.* AMERICAN DICTIONARY OF THE ENGLISH LANGUAGE by Noah Webster 1828

1. Abstinance from food; properly a total abstinance, but it is used also for an abstinance from particular kinds of food, for a certain time.

Happy were our forefathers, who broke their fasts with herbs. Taylor

2. Voluntary abstinance from food, as a religious mortification or humiliation; either total or partial abstinance from customary food, with a view to mortify the appetites, or to express grief and affliction on account of some calamity, or to deprecate an expected evil.

3. The time of fasting, whether a day, a week or longer time. An annual fast is kept in New England, usually one day in the spring.

The fast was now already past. Acts xxvii

FAST-DAY, *n.* The day on which fasting is observed.

FASTER, *n.* One who abstains from food.

FAST, *intr. v.* THE AMERICAN HERITAGE DICTIONARY OF THE ENGLISH LANGUAGE

To abstain from eating all or certain foods, especially as a religious discipline or as a means of protest. (not biblical)

## **Reasons for Fasting:**

Ezra 8:21

Esther 4:16

2 Sam. 12:21

2 Chronicles 20:3

\* Matt. 6:16-

\* Matt. 9:14-

Matt. 17:21 & Mark 9:29

Mark 2:18-

Luke 2:37

Luke 5:33-

Luke 18:12

Acts 10:30

- \* Acts 13:2
- Acts 14:23
- I Cor. 7:5

**Wicked Fasting:**

- I Kings 21:9,12
- Isaiah 58:1-

**An Approved Ministry by Fasting:**

- \* II Cor. 6:5
- \* II Cor. 11:27

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